



MIAMI VASCULAR SPECIALISTS

*Innovative Leaders In Vascular Care*

## Peripheral Artery Disease Walking Survey

Please complete this survey and return it to our office before your next appointment.

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

<b>How much difficulty do you have walking:</b>	<b>None</b>	<b>Some</b>	<b>A Lot</b>	<b>Did Not Do</b>
Indoors (around the house)				
50 feet				
150 feet (1/2 block)				
300 feet (1 block)				
600 feet (2 blocks)				
900 feet (3 blocks)				
1500 feet (5 blocks) or more				

<b>How much difficulty do you have:</b>	<b>None</b>	<b>Some</b>	<b>A Lot</b>	<b>Did Not Do</b>
walking 1 block slowly (about 1.5 miles per hour)				
walking 1 block at an average speed (about 2 mph)				
walking 1 block quickly (about 3mph)				
running or jogging 1 block (about 5 mph)				

<b>Do you experience the following symptoms when walking?</b>	<b>No</b>	<b>Slight</b>	<b>Some</b>	<b>Much</b>
Pain or aching in your calves				
Pain or aching in your thighs				
Pain, stiffness or aching in your knees or hips				
Pain or discomfort in your chest				
Weakness in one or both of your legs				
Shortness of breath				
Heart palpitations				
Other problems				

*Please List:*

\_\_\_\_\_